

Vol. 79 #1  
Winter 2020

# The Alpha Sigma News

## Leading with Wisdom: Dr. Helen Popovich



We are pleased to welcome International Guest Dr. Helen Popovich, presently the DKG International Parliamentarian, to our Spring Convention. Come to our WA State Convention Friday evening, April 24 to take part in Dr. Popovich’s Round Table Discussion entitled “Moving DKG Forward: Let Your Voices Be Heard”. If you are an Incoming Chapter President or want to find out more about running effective meetings, don’t miss Dr. Popovich’s workshop on “Leading with Confidence: How to have Great Chapter Meetings” which will be presented Saturday morning. And finally be inspired by Dr. Popovich’s keynote address at the Saturday evening Banquet, “The Joy of Yes”.

We are truly fortunate to have such an inspirational DKG member. Learn more about Dr. Helen Popovich’s life in our convention brochure. Register for our state convention so you don’t miss out on Dr. Helen Popovich’s nuggets of wisdom!

### Spring Convention Invitation available on YouTube

Area X is hosting the 2020 Spring Convention in Olympia, April 24 - 26. They invite you to view a short video about the convention on YouTube. *Just click on the DKG logo.* The video highlights the events and activities planned including workshops, clock hours, pre-convention tours, and entertainment. International guest speaker Dr. Helen Popovich will present two workshops with one focused on questions and concerns you might have about DKG. There will be nine clock-hour workshops to choose from as well as DKG related topics.

The Presidents' Walk is a big part of the Saturday evening banquet and there will be dancing afterwards. Plus, you can enjoy seeing the variety of work chapters have been doing on the State Literacy Project. It promises to be a very special convention. We hope you will attend and bring another member from your chapter.



### Inside this Issue:

President’s Message .....	<a href="#">page 2</a>	Literacy Unity Project .....	<a href="#">pages 7-8</a>
Membership .....	<a href="#">page 3</a>	State Convention .....	<a href="#">pages 9-13</a>
Rachel Royston Scholarship Foundation .....	<a href="#">page 3</a>	Around the State .....	<a href="#">page 14-16</a>
Educational Excellence .....	<a href="#">pages 4-5</a>	Important Dates.....	<a href="#">page 16</a>

# Leading with Wisdom and Passion: Working for YOU!

Susan Fritts, 2019-2021 Washington State President



With 2020 comes new beginnings! What possibilities are in store for you and your chapter? A new year offers opportunities to reflect on who we are and where we want to be in one, five, even ten years, sometimes moving in the same direction at a slower or quicker pace or re-directing our energies into

areas we had not thought possible. What successes have worked and what needs to be changed?

January gave state leaders the opportunity to plan. Recent meetings focusing on now and the future of WA DKG were:

1) The **Executive Committee** met and discussed the following:

- Presenting our International guest, Dr. Helen Popovich (Beta Kappa, Michigan), who will lead the Friday night Round Table discussion on “Moving DKG Forward: Let Your Voices be Heard”, present a workshop and the keynote speech, and help with processional of newly installed chapter presidents.



Executive Committee (L-R): Past President Sherri Wagemann, Treasurer Patricia Russell, Second Vice-president Monique Harrison, Parliamentarian Barb Clausen, President Susan Fritts, Executive Secretary Paula Nichols, First Vice-president Pat Bennett-Forman, and Recording Secretary Jessica Tufts

- Growing our membership while trying to diversify.
- Planning a slide show and displays of Literacy Projects for state convention, and creating a column focused on member-recommended literature for members in the *Alpha Sigma News*.
- Planning our WA Action Plan for 2021-2026.
- Updating approved amendments.
- Presenting workshops on topics of interest to members, and STEM workshops to attract early career educators who can earn clock hours.
- Supporting struggling chapters by training liaisons and chapter presidents with the CARE Plan.
- Attending National Seminar/US Forum focus, and finding out what decisions were made.



Budget Committee (L-R): State Treasurer Patricia Russell, Kathy Comfort, State President Susan Fritts, Linda Pearn, Finance Chair Nan Guthrie, and Executive Secretary Paula Nichols.

- 2) The **Budget Committee** reviewed and approved the WA State budget for 2020 as well as provided funds for committees so they could continue their work.
- 3) Executive Secretary Paula Nichols and President Susan Fritts joined the Events Director at the **Red Lion Olympia** to plan meals, discuss times and reserve rooms for the state convention.

**YOU are always our focus!**

**Gratefully, Susan Fritts**

**“Leading Women Educators Impacting Education Worldwide”**

# Rachel Royston Scholarship Foundation joins the WashBoard

The Rachel Royston Permanent Scholarship Foundation has registered with the online scholarship consortium, the WashBoard. This Washington-based consortium seeks to put scholarship seekers and scholarship providers in contact with each other.

The seekers cover a wide range of ages and levels, from Middle School students to doctoral candidates. Teacher-applicants for a Rachel Royston Scholarship are pursuing post-baccalaureate study and are thus well served by the WashBoard site.

The providers offer funding for a variety of programs, including college degrees, continuing education classes and professional certification. Rachel Royston candidates tend to pursue advanced study in curriculum, or advanced certification in areas such as administration. Again, both areas are covered by the WashBoard site.

Both seekers and providers fill out a profile online. The system generates a list of possible matches for the seekers to pursue. It also records details of "hits" on the provider profile, for their information. This was our first year using the WashBoard; we had 39 "hits."

The WashBoard system allows for three ways of applying for a scholarship: the provider must choose between furnishing a link to their own website, a paper application by snail mail, or by applying on the WashBoard site itself.

The WashBoard has been described as the "online matchmaker" of the scholarship world. RRPSF is delighted to be listed on WashBoard. We have encouraged our applicants to use it as a resource for additional funding. The WashBoard is doing great things for education in Washington State.

Check us out on [theWashBoard.org](http://theWashBoard.org). The Rachel Royston Scholarship can be found by typing in "rachel" as a search term. For further details of any of the scholarships listed, sign in as a Parent, Teacher or Counselor Seeker.

2019-2021

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## Welcome New Members

Congratulations and welcome to the following members newly inducted or reinstated into DKG.

<u>Name</u>	<u>Date</u>
Keveliynn Johnson, Alpha Psi	Nov. 2019
Charisse Pederson, Alpha Psi	Nov. 2019
Kati Wilson, Alpha Psi	Nov. 2019
Deborah Glatt, Psi	Feb. 2020
Julie Vavricka, Theta	Sept. 2019

## White Roses of Remembrance

As we celebrate new members, we also mourn the loss of members who have passed away in recent months. Their lives will forever be reflected in our hearts.

<u>Name</u>	<u>Date</u>
Dr. Margaret Cooper, Alpha Tau	9/27/19
Dr. Camellia Lee, Beta	10/22/19
Bernita Zuidmeer, Lambda	2019



# Advocacy: Speaking Up for Education



Pat Bennett-Forman  
First Vice President  
Educational Excellence Chair

*Note: this is the second of a five part series on the pillars of DKG Educational Excellence as described in the November 2019 edition of the Alpha Sigma News to include Advocacy, Professional Development, Personal Well-being and Service.*

DKG purposes include two which speak directly to the need for members to be advocates for education. Purpose Seven, “to inform the members of current economic, social, political and educational issues so that they may participate effectively in a world

society,” clearly identifies an obligation to be actively engaged in providing members with information needed to be effective citizens. Many of the U.S. Forum sessions and convention workshops, as well as the National Legislative Seminar, attempt to keep members informed. However, information has not often resulted in concrete actions by members, which is why both at the International and Washington State Organization level, emphasis is being placed on Purpose Four which directs DKG members to “initiate, endorse and support desirable legislation or other suitable endeavors in the interests of education and women educators.” DKG members are reminded to speak up, to make their voices heard for the betterment of education and educators. In short, to become ADVOCATES.

Advocacy may not come naturally to many members. Therefore, the Washington State Organization Educational Excellence Committee has embarked on a

long term plan to help members become confident and knowledgeable advocates. The first step is for each member to identify who are their state and national legislative representatives and how to contact those individuals. (See page 1 of the November 2019 Alpha Sigma News.) Next, the EEC is providing members with information on key issues. In the boxes on page 5, the two issues identified by Fall Board 2019 participants are explained and information provided to help members articulate positions as they contact legislators. These are also presented in detail on the state website under Legislative Liaison.

In later workshops and seminars, specific training will be provided on effective strategies for advocating positions. Templates for email, letters, phone calls and face-to-face meetings will be distributed. Practice opportunities are planned so that members will be comfortable in giving verbal testimony at hearings.

EEC members are asking each of you, no matter your age or circumstances, to consider which of the advocacy strategies will work for you and to step up to the plate to MAKE YOUR VOICE HEARD. Legislators are less inclined to “listen” to union lobbyists these days, but they are eager to hear from their local constituents. Advocacy work contacting local legislators can be a most effective way for all Washington State educators to know the value of DKG and the important work the Society promotes for the advancement of educators and education. Thank you for studying the information on mental health in the schools and the need for Plan I COLA increases and for taking action. The 2020 State Legislative session is only 60 days (ending April 28) so the time to act in NOW.

*Continued on p 5, Advocacy.*

State Secretary Jessica Tufts with  
Lucille (Lucy) Josephine Tufts,  
born November 16, 2019.  
Congratulations!



### Issue #1: **Mental Health Services in the Schools**

- Columbine, Sandy Hook, Parkland: there is an average of 1 school shooting every week. (CDC)
- 1 in 5 students experiences mental health issues during the school years, ages 4 – 18. (USDHHS)
- Half of all mental health illnesses occur before age 14. (Child Mind Institute)
- Anxiety among students is at the highest recorded levels; suicides are on the rise. (CDC)
- 93% of teachers report increasing stress levels; 46% report high levels of stress daily; 78% are physically and emotionally exhausted at the end of each day; teachers are experiencing compassion fatigue, secondary traumatic stress and burnout; 17% leave the profession in the first five years; 70% of urban teachers leave in the first year. (NEA)

Enhanced funding for wrap-around support service staff who support mental, behavioral and physical health and safety of students is desperately needed, including significant levels of staff training. The Washington State legislature failed to pass legislation in 2019, but the issue is not dead. **SB 5315** would provide funding to districts for mental health support staff, including nurses, counselors, social workers and mental health professionals.

At the National level, funding for teacher training and support staff is also needed, but no current legislation is on the table. This year is an opportunity to educate Congressional members and seek bill sponsors.

### Issue #2: **Cost of Living Adjustment (COLA) for Plan 1 retirees**

- 60% of Plan 1 retirees are women with an average age of 76. (WSSRA)
- The average pension is \$2,000/month; after federal taxes (approximately 15%) monthly income is \$1,620/month. If she is on PEBB supplemental health insurance, another \$250 per month is deducted, leaving the average retiree just \$1,370 to pay for everything else. (WSSRA)
- Except for Plan 1 retirees, the other state retirement systems have a 3% built-in COLA. Plan 1 retirees have received only one increase of 1.5% since 2010. (WSSRA)
- Purchasing power for Plan 1 retirees, adjusted for inflation, has decreased 19% for those retiring since 2010, but has decreased approximately 40% for earlier retirees. (WSSRA)

Last year a 3% one-time COLA for Plan 1 retirees failed to get out of committee (SB 5400). The Governor's proposed budget calls for an increase up to \$22/month, but would be capped at \$264/year (or 1.5% of the first \$17,600 of retirement income). The cost of the Governor's proposal (SB 6165) would be \$6 million, compared to SB 5400 or HB 1390 at a cost of \$18 million.

Even if passed, the proposed Plan 1 COLAs are a one-time increase. Additional work will be needed in the 2021 legislative session to address the need for a permanent annual COLA.



**Are you creative?** Do you paint, write, crochet, knit, quilt, bead, ....? Attendees at Spring Convention April 24-25 would love for you to share your talents with us. A Creative Works Gallery will feature the works of our members. Please consider sharing yours.

**Convention Marketplace**—If your chapter plans to



participate in the Spring Convention Marketplace please contact Paula Nichols, [nicholspaulam@gmail.com](mailto:nicholspaulam@gmail.com). A full table is \$25 and an half table is \$12.50.

# Nominations

The Nominating Committee is pleased to present the following candidates for consideration. Elections will occur at the WSO Spring Convention, April 24-26, Olympia WA.

## Five-year term on the Rachael Royston Permanent Scholarship Foundation

Dr. Charlene Shea, Mu Chapter, Vancouver, WA, teaches middle school Life and Earth Science classes and is an Adjunct Professor at WSUV. Charlene, a former recipient, desires to serve a 5-year term on the Rachael Royston Permanent Scholarship Foundation. Dr. Shea has served on Mu Chapter's Scholarship Committee, on the State Educational Excellence Committee and is currently serving on the Grants-in-Aid Committee. She belongs to Washington Science Teachers Association and the National Science Teachers Association. In addition, Charlene is involved in leadership roles and music at her church. Charlene thinks outside the box, is a creative problem solver, sees the talents in others and promotes their development. Her positive, supportive, encouraging demeanor is an asset to group work.



## State Executive Secretary



Sherri Wagemann, a member of Eta Chapter, Spokane, WA is nominated for State Executive Secretary. Sherri received her education at Gonzaga University and Eastern WA University. After serving West Valley School District in various positions for 40 years, her heart was with at risk youth. Sherri served her community working tirelessly for the homeless, food banks, and families in need. Now retired, Washington's Past State President has served DKG in a multitude of capacities and has attended consecutive state, area and international conventions since 1996. In 2008, Sherri was the Golden Gift Leadership Management Seminar recipient. Sherri thrives by staying active and involved and gives 100% of herself to any project. Sherri Wagemann has a wide range of experiences in leadership positions in the DKG Society.

## Three-year term on the State Nominations Committee

Liz Friedrich, Psi Chapter, Kennewick, WA is nominated for a 3-year term on the State Nominations Committee. While a member of Alpha Epsilon, Liz served her chapter several times as president as well as other offices. For Alpha Sigma State Liz has been developing her leadership skills on various committees since 1990. She has been active at the state level all these years, including State President from 2011-2013. She received her BA from WSU and a MA from Portland State University. Liz taught language arts and history in the Richland School District at the high school and middle school levels. Liz is experienced, capable, and ready to serve.



# Literacy Projects Make a Difference around the State

By Joanne Vining, State EEC Service Projects Coordinator

It is exciting to share plans and actions for the State Unity Project on Literacy from several chapters. Reports have been received from Theta (Yakima), Alpha Lambda (Sunnyside/ Grandview), Alpha Sigma (Kitsap), Psi (Kennewick), Alpha Tau (Tacoma), Alpha Zeta (Goldendale), and Beta Delta (Auburn). It is interesting to note the variety of projects being adopted across the state.

The goal of President Susan Fritt's project is to "put a book in every child's hands, make reading more accessible, and support our local community." Keeping these purposes in mind, **Theta** members are currently collecting books from members and friends. The members are being tasked with donating their own gently loved books, asking friends or neighbors for donations, or buying new books for donation. The goal is 400 books and then they will be leveled according to reading abilities, adding DKG stickers and noted as a gift from them, and placed in a variety of places. Recipients of books will include medical facilities (i.e. Yakima Pediatrics, Farm Worker's Clinic, etc.) and other businesses such as DSHS foster kids programs, Children's Village (special needs children), and YWCA Family Crises Program. Whoever donates the most books will be rewarded somehow. This makes it a fun contest. Great ideas, Theta!



Robyn Smith and Terry Dahlstrom, Alpha Lambda

**Alpha Lambda** has been inspired by a generous donation from members **Gail Boose, Virginia Thompson, Lucille Norling, Pat Bonnell, and Lorri Gilmur-Dillman**, who also happen to be members of the "Friends of the Library." They helped

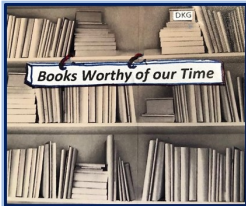
with the selection of about 75 books that were discarded but still in very good condition. Two large boxes of

books were donated and teachers at the meeting swooped down to pick out books that could be recycled in their classroom and to share with other teachers. That act generated lots of buzz. Gail Boose volunteers at a small school north of Prosser, Whitstran Elementary, and they discarded some books that were not in very good condition. Gail took them anyway and put them into The Little Free Library which is in a park in Grandview. Recycling at its' best! The books are disappearing fast, which delights members. Members are also discussing strategies to get books to children outside of the school setting. Meanwhile, books are moving around and children are getting opportunities to read or be read to.

**Alpha Sigma** (Kitsap County) has adopted the Kitsap Immigrant Assistance Center for their project. A donation of 329 books was delivered to the Center before the holidays and was well received by parents and young readers. Also gifted was a child's game and a picture encyclopedia. Member **Elisa Garcia** participated in the Center's holiday family event by reading to children every hour during the afternoon. Members **Melissa Dupre** and **Pat Bennett-Forman** are volunteering to tutor clients seeking to pass the Citizenship test and **Kathy Caldwell** volunteers to drive clients to their test and citizenship interview in Portland. Additional book deliveries and an after-school club are planned for the future.

**Psi** is also collecting books from members, asking if they might have some books at home to donate. These "rehomed" books will be distributed to laundromats. Three boxes have been collected and three laundromats have agreed to let them be placed at their place of business. Volunteers from the chapter will periodically check on them and keep shelves filled with replacements. Older readers' books will be donated to Boys or Girls Clubs or passed onto secondary teachers for their classrooms.

*Continued on p. 8, Literacy Projects*



Have you read a good book lately? We look forward to hearing about them. Here are a few recommendations from Garrel Lindberg, Area VII Liaison.

- F Simison, Graeme, *Rosie Project*, 2014  
Genetic Scientist in Australia, with Asperger's Syndrome uses a questionnaire to find a wife.
- F Towles, Amor, *Gentleman in Moscow*, 2019  
Russian Count survives the revolution by reinventing himself while being banned to a Moscow hotel.
- NF Bowker, Marjorie, *Listen: Young Writers Reflect on Chaos, Clarity and Action*, 2019  
Washington alternative school students share their past and hopes for the future.



## Literacy Project

There will be a PowerPoint and a display center at the state convention featuring literacy projects from chapters throughout Washington. Send your photos to Joanne Vining (Alpha Lambda) [invining@embarqmail.com](mailto:invining@embarqmail.com) and set up your displays Friday afternoon, April 24.



### Literacy Projects (continued from p 7)

**Alpha Tau** has collected 130 books so far for the Wishing Well Foundation children. This chapter is also helping find books for a mental health lock-down facility called Sunstone. This is a CLIP facility (children's long term inpatient psych unit) where patients are housed for up to six months. The twelve teen residents there have very little or no parental support and most love to read. Donated books must be paperback and new or showing no signs of use and they must contain no violence. Finding the right books for these needy children is a challenge well worth the effort.

**Alpha Zeta** has purchased 100 *Rock-A-Bye Baby Readers* which is a first book for babies and parents. They take these awesome books to the Health Department and Pregnancy Center and nurses distribute them to the White Salmon Health Department. The nurses give the books to the mothers as they bring their babies and children in for regular check-ups and shots. These books introduce parents to nursery rhymes and encouraging words with great photos showing parents how to interact with their children. What a great way to meet the needs of literacy in a rural setting!

**Beta Delta** members readied donated books to be distributed to local organizations and neighborhood book cabinets. The new books were wrapped and donated to Birthday Dreams to be given to foster care children at their special birthday party. Chapter

members also added a special touch to all the books by attaching a library pocket with a dedication to member, Barbie Sharrard, who recently passed away. I'm pretty sure that Barbie is smiling down from heaven about this.

President Susan can be very proud of the difference DKG members are making in the lives of many people in their communities. Other chapters are also busy working on this project and coming up with fabulous ideas, unique to their area. Area IV hosted its Area Workshop on February 1, 2020 in Auburn featuring "Celebrating Literature Through Song" led by Janice Moen. If your chapter has a project, please share it with me [invining@embarqmail.com](mailto:invining@embarqmail.com). We want to include your work in articles in *the Alpha Sigma News* and in the slide show to be presented at Spring Convention. Washington State DKG members can all be proud of ourselves and all that we are accomplishing as an organization to make a difference in our communities.



Terri Diehm and Linda Elliott  
Beta Delta



# “Embracing Possibilities: Leading with Wisdom and Passion”

**WA State Convention**  
**April 24-26, 2020**  
**Olympia, WA**

Convention Registration is easy! Just click on the form and it will take you directly to the form on [www.dkgwa.org](http://www.dkgwa.org). The Registration form is interactive and savable. Please download it to your desktop. Save it. Fill it out and save it again. Then print it and send with your check.



## Pre-Convention Tours share local flavor

New at this year's Washington State DKG Convention will be the opportunity to take one of several field trips prior to the convention that explore the Olympia area. Four excursions are planned: (1) Shipwreck Bead Company—the largest craft bead store in the state—will be a self-guided tour for craft minded members; (2) a walking tour of downtown Olympia will include the new boardwalk along the inlet, sites including the Superintendent of Public Instruction Office, and a possible visit to the Children’s Museum; (3) a guided tour of the

Capitol and grounds; and (4) a self-guided walk in the Tumwater Deschutes Falls Park near the Red Lion Hotel. Details about each excursion will be available at the Convention registration area and on the state web site beginning April 1st. No pre-registration is needed but you want to review the details ahead of time to be sure you arrive at a timely hour to take advantage of the tour you select. Most tours will take an hour to 90 minutes. This service is being offered in response to recommendations from prior Convention attendees.

## Schedule at a Glance

### Friday, April 24

- 3:00—5:00 pm State Executive Committee
- 4:00—7:00 pm RRPSF Board Meeting
- 4:00 – 8:00 pm Registration/clock hour & photo sign-ups
- 4:00 – 6:00 pm Creating Chapter Brochures
- 5:00 – 6:00 pm Gathering of Friends/First Timers
- 5:00 – 6:00 pm Workshop Session 1
- 6:10 – 6:40 pm “Grab n’ Gab” Box Social  
(must pre-order on registration form/turkey club sandwich)
- 6:45 – 7:45 pm Round Table Discussion w/International Guest Dr. Helen Popovich “Moving DKG Forward”
- 8:00 – 8:30 pm “Celebration of Life” (note new day)
- 8:45 – 9:45 pm Convention Choir Rehearsal
- 8:45—9:15 pm Entertainment: Quill West on Ghost Stories
- 9:00 – 10:30 pm Fellowship/Hospitality Room

### Saturday, April 25

- 7:00 – 11:00 am Registration/group photo sign-up
- 6:50 - 7:20 am Marketplace/Literacy Displays
- 7:30 – 8:30 am BREAKFAST

- 8:40 – 9:40 am Workshop Session 2
- 9:40—11:45 am RRPSF Board Meeting
- 9:50 – 10:50 am Workshop Session 3
- 10:50 – 11:15 am Break (room check out/Marketplace/Literacy Displays)
- 11:15 – 12:15 pm Workshop Session 4
- 12:30-2:00 pm 79<sup>th</sup> Annual Birthday & Recognition LUNCHEON
- 2:00 – 2:30 pm Marketplace/Literacy Displays
- 2:30 -4:30 pm GENERAL SESSION, Executive Board & RRPSF (all members)
- 4:30 – 6:00 pm Marketplace/Literacy Displays
- 4:45 – 5:15 pm Convention Choir Rehearsal
- 4:45 – 5:15 pm Rehearsal for Incoming and Outgoing Chapter Presidents Processional
- 5:15 - 6:15 pm Chapter & State Committee Photos
- 6:15 - 8:00 pm No Host Bar
- 6:30 – 8:45 pm Presidents’ BANQUET
- 8:45 - 10:00 pm Social (dance, friends and hospitality)

### Sunday, April 26

- 8:30 – 10:00 am State Executive Committee

## Conference Workshop Sessions, Friday, April 24, 2020

### 4:00 – 6:00 pm Pre-conference Workshop: Creating Chapter Brochures

Participants will produce a chapter brochure that may be used for a variety of marketing purposes. Templates will be provided; participants will choose one and enter text and pictures to complete the brochure during the workshop. Bring your own computer.

**Presenter: Jannette Manuel** (Beta Sigma Seattle), State Communications Chair

### Workshop Session 1 (5:00—6:00 pm)

#### 1. Presidents Orientation Workshop

Participants will become familiar with essential DKG resources, including *President's Guidelines*, Yearly Timeline, *Go-to Guide* and more to support you in your leadership role. Bring a laptop. Critical for new presidents but all presidents are encouraged to attend.

**Presenters: Janet LeBeau** (Theta Yakima), and **Marge Lofstrom** (Beta Delta Tacoma)

#### 2. Travel as an Educational Act

Hear about travel in seven countries and the lessons and art it inspired for students during the presenter's years as a teacher, substitute, docent and even in her book circles.

**Presenter: Beth Panattoni** (Rho King)

### 6:45—7:45 pm Round Table Discussion: Moving DKG Forward: Let Your Voices Be Heard

Join International guest speaker Dr. Helen Popovich and a panel from around the state talk about organizational issues, what is working and what challenges need support from International. Audience members are encouraged to "make their voices heard" with ideas and concerns.

**Facilitators: Dr. Helen Popovich, International Parliamentarian** and **Barbara Clausen, State Parliamentarian** (Chi Cowlitz)

**Panelists: Sandi DeBruler** (Chi Cowlitz), **Andrea Neault** (Alpha Sigma Kitsap) and **Pia Longinotti** (Eta Spokane)

### 8:40—9:15 pm Ghost Stories as literature and political commentary

Be entertained by dramatic readings of ghost stories and informed by an analysis of them as literary devices and commentary on women and equity.

**Presenter: Quill West** (Alpha King)

## Conference Workshop Sessions, Saturday, April 25, 2020

### Workshop Session 2 (8:40 – 9:40 am)

Clock hour offerings noted by \*

#### 1. Making STEM Robotics Fun and Equitable

\* 1 STEM Clock hour

Olympia School District STEM/ Robotics Coordinator and her students will share ideas for making STEM and robotics accessible for all student populations, explore ways for students to teach students and teach YOU to program robots to line dance.

**Presenter: Brenda Diettrich** (Olympia S.D.)

#### 2. Open Educational Resources Project

\* 1 STEM Clock hour

Open Educational Resources (OER) are free to use, adapt and share. They can result in a shift of funds from text acquisition to supports for teachers and learners. OER can promote equitable access to quality materials. Washington educator developed resources will be shared.

**Presenter: Barbara Soots** (OSPI)

#### 3. Cultural Responsiveness: Pricking the Surface of Micro-aggressions and Implicit Bias

\* 1 Clock hour

What are micro-aggressions? What is implicit bias? How do we perpetuate these behaviors? Learn how to interrupt a micro-aggression. Understand the various ways educators can act and teach to confront and challenge bias, inequities and micro-aggressions.

**Presenter: Monique Harrison** (Beta Sigma, Seattle)

#### 4. Living Strong, Fit, Sexy and Smart until You're 80 and Beyond

This workshop is aimed toward participant personal health and wellness. It addresses how to turn back the biological clock to become functionally younger and live with newfound vitality. Areas addressed include fitness, diet, and cognition.

**Presenter: Jackie Finckler** (Alpha Sigma Kitsap)

## Conference Workshop Sessions, Saturday, April 25, 2020 continued

### 1. Teaching About the United Nations

Learn about the Committee for Teaching About the United Nations (CTAUN), the DKG partnership with the UN, and resources available to educators including the annual CTAUN conference on critical issues, such as refugees, climate change, and wars.

**Presenter:** Carol Linscott (Alpha Sigma Kitsap)

### Workshop Session 3 (9:50 – 10:50 am)

Clock hour offerings noted by \*

#### 1. Making Mathematics Meaningful with Mathematical Modeling in Community Contexts \* 1 STEM Clock hour

Want to make math meaningful and relevant to children's lives? Learn about mathematical modeling in cultural and community contexts. This practice supports high student engagement, teamwork and perseverance in students. Lesson design tools included.

**Presenter:** Dr. Julia Aguirre (University of WA, Tacoma)

#### 2. Teaching Climate Change: Impacts, Connections and Solutions \* 1 STEM Clock hour

Teaching about climate change is not a one-day wonder or even a one-unit wonder. The negative impacts of climate change connect across content and curriculum. Our job as educators is to empower students to make positive impacts on their schools, families and communities through attainable solutions.

**Presenter:** Kathy Hall (Tacoma SD)

#### 3. Restorative Circles: a Positive and Culturally Responsive Behavioral Intervention \* 1 Clock hour

Restorative Circles may be used by any trained staff member; they are suitable for all grade levels and may be used in and out of the classroom. Learn how Restorative Circles repair harm, restore relationships and strengthen connections to school.

**Presenters:** Kelly Rosenbach and Andrea Neault (Alpha Sigma Kitsap)

#### 4. Taming the Dragon: Mindfulness to Support Emotional Self-Regulation

This workshop introduces tools that can counter the stress response we all have to difficult interactions, fast-paced lives and current events. Activate a sense of well-being as you learn about and practice these tools.

**Presenter:** Dr. Catherine Grytting (Rho Seattle)

#### 5. Leading with Confidence

Tired of messy business meetings, debate dissolving into disorganization, ideas lost in the weeds, and turned off members? Come learn an easy-to-follow process and set of tried and true tips to turn the tables and allow you to lead with confidence.

**Presenter:** Dr. Helen Popovich (DKG International)

### Workshop Session 4 (11:15 am – 12:15 pm)

Clock hour offerings noted by \*

#### 1. Mathematical Modeling with Cultural and Community Contexts in Early Education \*1 STEM Clock hour

Learn about mathematical modeling instructional strategies with cultural and community contexts at the early childhood level (PS-grade 2). Try out modeling tasks and discuss the next steps in the classroom. Lesson designs will be provided.

**Presenter:** Elzena McVicar (University of Washington, Seattle)

#### 2. Authentic STEM Integrations \* 1 STEM Clock hour

Introduction to both the engineering design process and technology are incorporated to address Next Generation Science Standards and Common Core Math within a hands-on STEM investigation.

**Presenters:** Scott Killough and Carrie Black (Capitol ESD 113)

#### 3. Reading Digitally 1 Clock hour

Although its benefits and detriments are debated, reading digital texts is a skill our students need to master to thrive in the world today and tomorrow. Examine the impact and challenges of digital reading and how to help students build their digital reading skills.

**Presenter:** Molly Berger (OSPI)

#### 4. League of Women Voters: Legislative Update

The legislative session will have just ended. What was accomplished? What issues remain? How do you effectively advocate for issues important to you? Also discover what resources the League of Women Voters Washington has for you and upcoming events.

**Presenter:** Catherine Ahl (League of Women Voters Washington Educational Chair)

#### 5. Membership: Do You Have a Recruitment Plan?

Membership a challenge? Having a recruitment plan is critical to successful growth and retention of members. Come prepared to share and build an effective membership plan for your target audiences.

**Presenter:** Monique Harrison (Beta Sigma Seattle), State 2nd Vice President/Membership Chair

THE DELTA KAPPA GAMMA SOCIETY INTERNATIONAL  
WASHINGTON STATE ORGANIZATION  
PROPOSED WORKING BUDGET 2020-2021

**ESTIMATED RECEIPTS**

1. 729 Active Members (Currently 694 Members + 35 New Members) @ \$40	\$ 29,160.00
2. 68 Reserve Members @ \$15	\$ 1,020.00
3. 35 New Members @\$2.50	\$ 87.50
4. Clock Hours	\$ 100.00
5. Convention	\$ 15,000.00
6. Directories	\$ 400.00
7. Dumas Bay	\$ 9,470.00
8. Fall Board	\$ 7,200.00
9. Interest on Available Fund Reserve	\$ 11.50
10. Rachel Royston Returns	\$ 100.00
11. Travel Fund	\$ 75.00
<b>12. Estimate of Total Income</b>	<b>\$ 62,624.00</b>
13. To Available Fund Reserve	\$ (1,404.00)
<b>14. PROJECTED INCOME NEEDED FOR 2020-2021</b>	<b>\$ 61,220.00</b>

**Grant-in-Aid, Scholarship, Stipend Fund only (Not a part of the total budget)**

15. 762 Members @ \$1.00 each for Grant-in-Aid Fund	\$ 762.00
16. Edward Jones (Grant-in-Aid Fund)	\$ -
17. Chapter Donations	<u>\$ 1,000.00</u>
<b>18. Estimated Grant-in-Aid, Scholarship, Stipend Fund</b>	<b>\$ 1,762.00</b>

**STATE BUSINESS**

	<b>CURRENT</b>	<b>PROPOSED</b>
19. Achievement Award	\$ 50.00	\$ 50.00
20. Alpha Sigma News/Website	\$ 1,500.00	\$ 200.00
21. Clock Hours	\$ 25.00	\$ 25.00
22. Directory	\$ 50.00	\$ 50.00
23. Executive Council/Transition Meeting	\$ 1,000.00	\$ 1,000.00
24. Fall Executive Board Meeting	\$ 6,000.00	\$ 6,000.00
25. Insurance, Liability (AIM)	\$ 450.00	\$ 450.00
26. Insurance, Travel (Boon-Chapman)	\$ 250.00	\$ 250.00
27. International Convention/Conference	\$ 5,000.00	\$ 5,000.00
28. International Dues and Fees	\$ 31,920.00	\$ 140.00
29. International Representative/gifts	\$ 50.00	\$ 50.00
30. Leadership/Creative Arts Dumas Bay	\$ 600.00	\$ 7,200.00
31. Leadership/Personal Growth Rainbow Lodge	\$ 7,000.00	\$ 1,200.00
32. Legal Bond	\$ 162.00	\$ 220.00
33. Liaisons	\$ 3,000.00	\$ 3,500.00
34. Miscellaneous	\$ 25.00	\$ 50.00
35. National Legislative Seminar/U.S. Forum	\$ 1,250.00	\$ 2,000.00
36. Officers' Meals, Travel, Lodging	\$ 4,500.00	\$ 4,500.00

37. Officers' Postage	\$ 250.00	\$ 200.00
38. Officers' Printing	\$ 300.00	\$ 250.00
39. Secretary of State	\$ 10.00	\$ 10.00
40. Speakers' Fund/Honorarium	\$ 100.00	\$ 100.00
41. State Convention	\$ 17,000.00	\$ 17,000.00
42. State Store Manager	\$ 350.00	\$ 350.00
43. State Store Merchandise	\$ 650.00	\$ 650.00
44. Storage Unit	\$ 1,225.00	\$ 1,400.00
45. Supplies	\$ 125.00	\$ 125.00
46. Tax Prep	\$ 500.00	\$ 500.00
47. Tech Support	\$ 200.00	\$ 200.00
48. Travel Fund	<u>\$ 2,000.00</u>	<u>\$ 2,000.00</u>
<b>49. TOTAL STATE BUSINESS EXPENSES</b>	<b>\$ 85,542.00</b>	<b>\$ 54,670.00</b>
<b>COMMITTEES</b>	<b>CURRENT</b>	<b>PROPOSED</b>
50. Bylaws and Rules	\$ 500.00	\$ 500.00
51. Communications	\$ 1,000.00	\$ 1,200.00
52. Expansion/Dissolution	\$ 200.00	\$ 200.00
53. Finance	\$ 800.00	\$ 800.00
54. Leadership Development	\$ 600.00	\$ 600.00
55. Membership/Necrology	\$ 750.00	\$ 750.00
56. Nominations	\$ 500.00	\$ 500.00
<b>SOCIETY MISSION &amp; PURPOSES</b>		
57. Educational Excellence	\$ 1,600.00	\$ 1,600.00
58. State Grants-in-Aid/Scholarships/Stipends	<u>\$ 400.00</u>	<u>\$ 400.00</u>
<b>59. TOTAL COMMITTEE EXPENSES</b>	<b>\$ 6,350.00</b>	<b>\$ 6,550.00</b>
<b>60. TOTAL BUSINESS EXPENSES</b>	<b>\$ 86,542.00</b>	<b>\$ 54,670.00</b>
<b>61. TOTAL WORKING BUDGET</b>	<b>\$ 92,892.00</b>	<b>\$ 61,220.00</b>
<b>62. ESTIMATED RECEIPTS</b>		<b>\$ 62,624.00</b>
<b>63. NEEDED FROM AVAILABLE FUND RESERVE/TO AVAILABLE FUND RESERVE</b>		<b>\$ (1,404.00)</b>
<b>64. TOTAL COMPLETE BUDGET</b>		<b>\$ 61,220.00</b>

Rationale:

- 20. Decreased: ASN no longer printed
- 28. Decreased: Int'l dues now sent directly by chapters
- 30. Increased: Amount reflects actual cost of event
- 31. Decreased: Event does not occur this fiscal year
- 32. Increased: Premium increased
- 33. Increased: Increased costs for events covered
- 34. Increased: Increased costs
- 35. Increased: Increased costs associated with event
- 36. Decreased: Decreased number of mailings
- 37. Decreased: Decreased amount of printing
- 44. Increased: Fee increase
- 45. Increased: Increased amount for events covered

# Around the State . . .

## Area IV News

Linda Elliott, Area IV Liaison

There are six chapters in Area IV—Alpha, Epsilon, Kappa, Alpha Rho, Alpha Tau and Beta Delta. Membership extends from South King County to South Pierce County.

On February 1, **Kappa Chapter** hosted the **Area IV Fellowship Brunch** at Wesley Homes-Lea Hill. The program was *Lyrics and Literature II* presented by Janice Moen.



Dee Anderson narrated, and the *Kappa Koristers* accompanied Janice Moen in her presentation at the Area IV Brunch



Laurie Fisher, Janice Moen and Area IV members were welcomed by WSO President Susan Fritts

**Alpha Rho** jumped right into the 2018/2019 state project. In addition to the blanket that was donated at the state convention, 8 blankets were donated to the Wishing Well Foundation. In March they hosted a GLAD (Guided Language Acquisition Design) presentation by April Harris. Alpha Rho continues to maintain a presence in Spanaway through their road clean-up project outside Pacific Lutheran University. They are supporting the 2019/2020 state project by donating books to the DSHS office in Tacoma so children have books to read while they are waiting for foster care placement. Sheri St. John will be presenting her workshop, Future Thinking—how to facilitate teen and adolescent acquisition of life skills for successful employment, higher education, and increased independence, on March 15<sup>th</sup> from 2:00-4:00.

**Alpha Tau** started the month of September with three members volunteering at the Wishing Well Back to School Event. Around 250 Pierce County foster children received back to school supplies and books.

Alpha Rho invited Epsilon chapter to a joint meeting in October to hear about the Wishing Well Foundation. The November meeting was a history lesson about the Buffalo Soldiers Museum from their Executive Director, Jackie Jones-Hook. December's meeting was a delicious Brunch. Each member brought a new book along with warm fuzzy socks, candy and chips which were delivered to the Sunstone facility-- children's long term inpatient psych. The January meeting was a short business meeting followed by a creative card making session conducted by member Jan Blankers. Members have collected many books for children which will be delivered to the Wishing Well Foundation in January.

**Beta Delta** had a table at the Auburn School District's New Teacher Orientation in August and provided snacks, water and information about DKG. A business meeting was held in September followed by Bunco. In October, members brought books for the literacy project. Library cards to honor the memory of Barbie Sharrard will be placed in the books. New books will be given to Birthday Dreams to be given as birthday gifts. Books will also be distributed around the community. Members also brought items for their auction which were sorted and put in baskets. Beta Delta's annual brunch and auction was held on November 2<sup>nd</sup> at Wesley Homes—Lea Hill. The auction supports Birthday Dreams, an organization that provides birthday parties for homeless children and other educational projects. The chapter sponsored a table at the Birthday Dreams Gala in November. The chapter relaxed with a social and regift exchange in December. After the January business meeting, the chapter heard from Monica Nevi who spoke about 80/80.

## Area VII News

Garrel Lindberg, Area VII Liaison

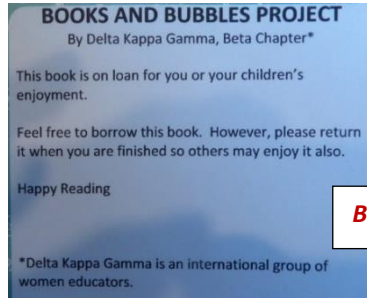
Last September 2019, our six chapters in North King County had the opportunity to host you in Yakima at Fall Board. At our 2019 King County Breakfast, Karen Gamez shared her experiences as a DACA student at the University of Washington (UW). In March, Heidi Roop (UW) will present on building climate change connections in the classroom and beyond. From collecting bras and snuggle blankets last year to now bringing books to our communities we are spreading the word about the works of Delta Kappa Gamma. Some highlights from the Chapters of Area VII are:

**Beta's** charitable contributions were to Seattle Against Slavery, Seattle School Retirees Association – for Teacher Internship Scholarships – and Sojourner Truth House along with those to DKG state projects. We welcomed our newest member Mary Davison and said a sad farewell to the passing of our sister Camellia Lee.

**Rho** Chapter has provided books for literacy to Ryther School and to a local Homeless Shelter. Our focus this year has been on the Washington Green Schools Program including working with an elementary school in the Seattle School District on Climate Science curriculum. We have been involved with John Stanford and will extend to BF Day School.

**Alpha Delta** enjoyed a presentation by the League of Women Voters that inspired lively discussion and a presentation by one of our members about her experiences as a literacy volunteer in Thailand. Our chapter projects included filling 10 zipper-binders with school supplies for Meany Middle School and the “adoption” of the Dual Language Program at Denny International Middle School for on-going support.

**Alpha Nu** celebrated the induction of Jennifer Martin and Vickie Provenza. We also provided school supplies to elementary schools in three school districts.



**Beta's library @ Lunar Laundry**



**Beth (Rho) with Seattle's young readers**



**Garrel (Alpha Nu) reading @ Edmonds' Boys & Girls Club**

**Beta Sigma Seattle** has had a busy year with great programs (topics ranging from the upcoming census to coloring with colored pencils), fundraisers, grants-in-aid distributions and donating books to a homeless shelter. We are inducting a new member in February!



**Karen & Judy (Beta Sigma) @ Mary's Place New Library in Seattle**

This fall, **Beta Beta** Chapter grieved over the passing of two beloved members, Suzy Kido and Klara Dunn. On a happy note, Eastside Kidreach appreciated our donation of books. Our Christmas brunch was well attended, exchanging gifts and discussing holiday traditions. Ongoing, we celebrate a mysterious member each meeting. A few details of her are listed in our newsletter prior to the meeting.



**Judy (Beta Sigma) organizing all donated books during their September meeting**

## Area VI News

### Nancy Sheng, Area VI Liaison

**Beta Kappa** has been a productive chapter located on lovely Whidbey Island. Our most significant contribution had been to make comfort bags for girls in local area intermediate, middle, and high schools. The bags included small shampoos, conditioners, soaps, lotions, socks, underwear, soup sponges, and menstrual pads. Some included hair brushes, toothbrushes and paste along with a variety of other items. A total of approximately eighty bags were compiled and delivered to each school nurse for distribution. The nurses were very appreciative of the donation to support needy girls. Along with the individual bags, each school received menstrual pads and bras. Members collected or purchased items for the bags and we created an assembly line to get the work done quickly. The decade ended with a holiday gathering where our host member taught us how to make our own holiday lighted garland. It was an enjoyable evening. Coming up is our very first Book Club meeting in 2020. We elected to read the book *The Woman Who Smashed Codes* by Jason Fagone. It will be an evening gathering of members filled with discussion, food, and code breaking. Up next, is our Annual Fundraising Tea. Our year will finish with Founder's Day activities, and a meeting to plan the next years' events. It has been a year of learning and supporting the girls in our local schools.

*Kris Bishop, Beta Kappa President, Whidbey Island*

**Lambda Chapter** sold 800 tulip bulbs through fall, despite the fact that our plan to sell them at fall board fell through when our president, Nancy Sheng, had surgery. I'm happy to report she is fully recovered now. In November, our members got together to make more fleece blankets, this time for our local women's shelter, sure to be appreciated with our unusually cold and snowy winter! The blankets and many other donations of warm clothes, toiletries and toys were collected at our holiday brunch in early December and delivered the same day. In January we will get together to sew little dresses for Africa for our annual international project. Our president, Nancy Sheng is excited about attending the National Legislative Seminar Forum 2020 in Washington D.C. in March. Other upcoming programs include a presentation on effects of on blue light radiation on children's eyes from tablet and phone screens, a museum visit with Beta Kappa for our area workshop (details still to be confirmed), and a game night focusing on educational board games.

*Nancy Sheng, Lambda Chapter President, Bellingham*

## Important Dates

Geographic name identification including your Greek chapter name due to Paula Nichols at <a href="mailto:nicholspaulam@gmail.com">nicholspaulam@gmail.com</a>	
March 15-18, 2020	National Legislative Forum. <a href="http://www.usforumdkg.org">www.usforumdkg.org</a>
March 27, 2020	Deadline for State Convention Hotel Reservation
March 31, 2020	Early Registration for Spring Convention
April 1, 2020	Annual Reports due to Jessica Tufts, <a href="mailto:jessica.tufts.dkg@gmail.com">jessica.tufts.dkg@gmail.com</a>
April 15, 2020	Deadline for articles, Alpha Sigma News <a href="mailto:dkgwanews@gmail.com">dkgwanews@gmail.com</a>
April 24-26	DKG Washington State Organization Spring Convention Olympia Red Lion , see <a href="http://www.dkg.org">www.dkg.org</a>
May 1, 2020	Application deadline for Cornetet Grants, <a href="http://www.dkg.org">www.dkg.org</a>
June 23-25, 2020	WSO Leadership Retreat, Rainbow Lodge, North Bend
July 7-11, 2020	DKG International Conference, Philadelphia, <a href="http://www.dkg.org">www.dkg.org</a>

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(please e-mail pictures in .jpg format)

Deadlines: July 15, October 15,  
January 15, April 15