

Washington State Organization **News**

Vol. 81, #3 Summer 2022

Clausen receives prestigious International Achievement Award

Washington State DKG member Barbara J. Clausen was named the 2022 recipient of the International Achievement award by International President Becky Sadowski at the recent International Convention in New Orleans. Having served WSO and Chi Cowlitz Chapter in virtually every capacity, as well as on numerous International Committees, and most recently as Northwest Regional Director, Clausen was recognized for both her outstanding service to the Society and her leadership skills.

Her nomination statement read, "Barb Clausen's dynamic leadership in DKG is grounded in collegiality, modelling, encouraging and influencing. She is an authentic mentor at all levels of the Society, demonstrating excellence in each of the many roles she has served. More importantly, Barb helps others see their potential as leaders, serving as both advisor and supporter. For over forty-four years, Barb has stretched our thinking, applauded our efforts, and championed our dreams in DKG. Her achievements are many; her skills exemplary, her contributions stellar and her impact on DKG members indelible."

Barbara was a Washington State Organization officer from 1987–1991, and served as State President from 1991-1993. Since then she has served on the state Leadership Development Committee, chaired the Strategic Action Planning Committees in 2014 and 2019–2021, and served as State Parliamentarian from 2009–2014 and 2019–2021. In 2006, her hard work earned her the Washington State Organization Achievement Award.

In addition to her work on the International Constitution Committee 2008–2010 and 2014–2016, Barbara

also served on the International Revision Team 2009-2010 and 2015–2016, was a member of the World Fellowship Committee 1992-1994, then chaired that committee from 2018–2020. While serving as NW Regional Director 2020–2022, Barb co-chaired the Portland International Conference in 2021. She has served on the DKG International Administrative Board for the past two years.



Barbara has presented workshops at WSO area and state conventions annually since becoming a member. She has also presented workshops at practically every NW Regional Conference and International Convention from 1987 to 2016, as well as 2022. The list would be even more extensive if COVID had not forced cancellation of several events.

At the same time, Barbara has served as Assistant Superintendent for Research and Development, principal, adjunct instructor for Washington State University, coordinator of the Teacher Professional Certification Program, and been active in her church and with the Kelso community abuse shelter. She taught high school language arts. She is an avid traveler and artist in quilting.

Congratulations Barb from all your devotees in Washington. This is a well-deserved honor!

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Building Resilience in our Chapters

Pat Bennett-Forman, WA State Org. President 2021-2023

Last year, in the aftermath of COVID and its negative impacts on our chapters in terms of both membership

and engagement in DKG, I spoke to you about four strategies to (re)build our DKG community: connecting to members, creating a sense of inclusivity and belonging, providing relevant programs and developing leadership. Some chapters have been quite successful already in implementing these strategies; some of us are hoping to reap the benefits of our hard work in the not too distant future. But one thing is clear, COVID is still with us and the need to build community to sustain and grow our organization still exists.

How does a chapter bounce back from shrinking membership and COVID fatigue? The strategies already identified certainly can bear results if there is energy and enthusiasm. But what about our chapters who are struggling? How do we build up their resilience and help them spring back to being vital organizations that both retain current members and attract new ones?

Just as we look at our students to try to understand why one is resilient and another less so, we must also look for and develop resiliency in our chapters. Research suggests a number of variables that are present in resilient adults. Three seem particularly relevant to our needs as DKG chapters.

COMMUNICATION. When persons know what is going on, they feel in greater control. That sense of control leads to feelings of competency and confidence which encourages increased participation. So at the state and chapter level, we need to determine how to better communicate with our members.
 Surveying members to determine if they prefer calls, email, texting or other communication is an essential first step. That should be followed by intentional and varied forms of communication detailing goals, activities and expectations. Strategies that promote listening and gathering of information from members will

- best generate that feeling of control and confidence that resilient adults exhibit.
- 2. COMMITMENT. By listening to members and responding with programs, service projects and fun social events that meet their interests, chapters can increase participation levels by members. By providing a variety of opportunities for participation, the chapter will engage members from where they are. Research suggests that engagement will lead to greater commitment and, as you might imagine, committed members will retain membership.
- 3. CONNECTIONS. When members receive communications, when they are listened to and afforded opportunities to engage, when they feel committed to the chapter, they will have more opportunities for building connections. Connections create a positive attitude which in turn leads to higher participation levels and member retention. Connections allow new members to feel included and appreciated.

As we enter the 2022-2023 DKG year, I hope your chapters will (1) consider how to better communicate with existing and prospective members. (2) I challenge chapters to engage in one or more service projects (locally and/or internationally) that will excite member participation. (I hope to hear from you later on what those projects will be and would like to highlight some in our WSON.) I also challenge you to (3) maintain or develop strategies for building connections —"rose buddies," call trees, meeting with another chapter, job shadowing, fun social events, etc., so that the joy of DKG membership is apparent at every meeting and every project.

Resiliency is not something that you have or don't. We know that resiliency can be fostered and enhanced. Now is the time for us to focus on those elements of our chapter and state work that build resiliency and promote and sustain our growth. Thank you all for joining me in promoting actions within our Society that will strengthen our resiliency and allow our wonderful work to continue.



Building Affinity Groups

Monique Harrison, First Vice-president, EEC Chair

Washington State Organization was mentioned in the *DKG News*, July/August 2022 (Vol. 79 No 4)! The International Members-at-Large referred to WSO in their article, "Designing DKG: Designing for Connection."

"Washington State Organization is developing

affinity groups with a goal to increase membership and provide relevant professional development to address diversity, equity, inclusion, and belonging. They will begin with three affinity groups: Black, Hispanic, and Under 40. Affinity groups can be a place for underrepresented members to come together to become less isolated and more connected."

Our WSO EEC Committee will begin informing our members about the implementation and next steps of WSO Affinity Groups at Fall Board 2022. Please join our EEC workshop to learn more about the purpose and next steps for building our affinity groups.

INTERESTED IN BEING A STATE TREASURER?

Now is your chance to become the state treasurer for the Washington State Organization. We are accepting applications for this position which only becomes available every four years. One may be the state treasurer for a total of two terms or eight years. This is a rather unique office due to the term limits and years for a term. After eight years, a new treasurer will need to chosen. This position is not voted on by the membership but is selected by the Executive Committee upon the information that is gathered by the ad hoc committee and upon a recommendation from them. You may access a complete description of the job plus an application form on the state website at dkgwa.org and we hope that you will consider doing so. A chapter treasurer is encouraged to apply and if you are not a chapter treasurer and love that kind of responsibility, we welcome you to apply. As is true of all offices, there is no pay for this position, just a lot of praise and glory. You can always talk to Pat Russell, our current treasurer, if you have any questions. She is very helpful and will train you for a year to get you started on the right foot. The training period would begin on July 1, 2023 and would end on June 30, 2024 whereupon you would officially be the state treasurer!

2021-2023

Washington State Organization Executive Committee

President

Pat Bennett-Forman, Alpha Sigma Kitsap

First Vice-President

Monique Harrison, Beta Sigma Seattle

Second Vice-President

Teri King, lota Mason & Thurston

Recording Secretary

Deirdre Curtis Catlin, Eta Spokane

Treasurer

Pat Russell, Beta Sigma Seattle

Parliamentarian

Janice Moen, Kappa Kent

Immediate Past President

Susan Fritts, Alpha Sigma Kitsap

Executive Secretary

Sherri Wagemann, Eta Spokane

Society Business

ByLaws & Rules Jannette Manuel
Scholarship Linda Johnson
Communications Candice Rutherford
Expansion & Dissolution Susan Fritts
Finance Jan Morgan
Leadership Development Cathy Johnson
Membership Teri King
Nominations Pia Longinotti

Society Mission & Purposes

Educational Excellence Monique Harrison Educational Policy & Legislation

Marge Lofstron

State Rep to US Forum Susan Fritts
Leadership Retreat Laurie Fisher
Creative Arts Retreat Candice Rutherford
Music Liaison Terri Diehm

State Webmaster

MaryLou Gregory, Beta Chi Grays Harbor

State Editor, Washington State Org News
Barbara McPherson, Kappa Kent

All Washington State Organization officers and committees may be contacted using the WSO Directory or through DKGWA.org.



Ready for a fabulous year with our fabulous members!

Teri King, 2nd Vice-president, Membership Chair

July 1 begins a new year for WSO DKG and another year to share the benefits of DKG with other educators. Let's not be the best kept secret in the state; let's all make an

effort this year to promote the good work of our WSO DKG sisters by sharing their good work at the chapter, state and international level. We have so many amazing members that I am always wowed when I read about their accomplishments. That said, I hope folks have been able to read about the huge international honor bestowed on our own Barbara Clausen at the International Convention in New Orleans -- International Achievement Award – WOW!!!

If you are the new Membership lead for your chapter,

welcome! We are excited to have you join us. The Membership Team will be holding a workshop at Fall Board that will help us set the table for the new year. The Membership team is comprised of the WSO Membership Committee and the Membership lead for each chapter. At Fall board we will share some new tools for connecting with members, supporting struggling chapters, and learning all about your role as a Membership leader. We are here to learn together. Soon Team members will receive an invitation to our WSO Membership Slack network. Slack is a free, useful, intuitive tool for connecting and collaborating and we are using it this year to connect in between our regular Membership Team zoom meetings.

Feeling like a grade school student ready for my first day of school as I am excited to meet and work with you! See you all soon!



Welcome New Members

Congratulations and welcome to the following members newly inducted or reinstated into DKG.

Andrea Alley, Eta Spokane – May 2022
Christina Amequdah, Mu Vancouver – May 2022
Bukola Breczinski – Eta Spokane, May 2022
Riley Green-Miller, Mu Vancouver – May 2022
Christina Hilton, Mu Vancouver – May 2022
Bianca Lord, Psi Kennewick – May 2022
Ellen Smith, Eta Spokane – May 2022
Denise Wimett, Psi Kennewick – May 2022
Linda Deal, Kappa Kent – July 2022
Joan Hanes, Kappa Kent – July 2022
Melinda Hughes, Alpha Sigma Kitsap – July 2022

White Roses of Remembrance



We have lost one member since May 2022. She will be honored in the Celebration of Life at the 2023 WSO State Convention.

Janet Perry, Beta Sigma Seattle

Reading any good books this summer?

Join our Book Challenge to help the WSO Stipend and Scholarship Fund.
Grab a new 2022-2023

Books for Bucks form on our WSO website under Quick Links/Forms at bottom of page.

US Forum adopts Mental Health Resolution

Marge Lofstrom, Education Policy/Legislation committee chair

Promoting Mental health support and legislation for educational staff has been a focus of the WSO Educational Policy/Legislation committee in 2022. This July, at the DKG International Convention in New Orleans, the proposed resolution, "On Recognizing Mental Health Issues for Educational Staff and Promoting Support Services", was adopted by the DKG US Forum. It is very similar to the resolution discussed at our WSO spring convention and calls for DKG/US forum members to take action using these 4 verbs- Educate, Inform, Promote, & Engage:

Educate themselves on the issues and needs regarding Mental Health support for educational staff

<u>Inform</u> members of legislation regarding Mental Health services to take appropriate action

<u>Promote</u> destigmatization of mental illness Engage in support activities for educators

Furthermore, the resolution calls for the US Forum Steering Committee to monitor the implementation of the activities and give a summary report at the next US Forum meeting in 2024.

Check the DKGWA.org website/Education Policy/ Legislation website for both the WA Mental Health Resolution and US Forum resolution https://www.dkgusforum.com/.

The committee and legislative chapter contacts will continue learning and sharing ways to move forward with this resolution and other community needs that align with DKG purposes.

Some disturbing facts about Mental Health and Educators:

- 1. 73% of teachers report frequent job-related stress compared to 40% of other working adults.
- 2. 27% of educators have symptoms consistent with clinical depression (compared to 10% of other adults).
- 3. Disrespect by elected officials, parents and community, students and the media, bullying and threats contribute to stress and anxiety levels, as reported by over **30,000** educators.
- 4. Teachers reporting they are likely to leave their jobs has risen from pre-pandemic levels of **16% to over 25%**; **57%** of respondents are seriously worried about burn-out.
- 5. Legislation has been introduced in both houses of Congress to increase mental health supports for students (HR721/SB1841; HR1475/S1795; HR4198, HR3572/S1811), but **none** has addressed such support for educators.

CDC Foundation. "Mental Health Impact of the COVID-19 Pandemic on Teachers and Parents of K-12 Students: Monitoring School COVID-19 Prevention Strategies Project: Triangulated Report." May 2021. P. 17

Sheng elected to US Forum position

Nancy Sheng, Lambda Bellingham, was elected as NW Representative to the DKG US Forum Steering Committee for the 2022 -2024 biennium at the US Forum meeting in New Orleans on Saturday, July 16, 2022. Sheng will represent all the states in the NW on the Steering Committee (Minnesota, North Dakota, South Dakota, Iowa, Nebraska, Wyoming, Montana, Idaho, Oregon, Alaska and Washington). Her responsibilities will include informing the states of legislative issues and actions, planning Forum meetings at DKG Conferences and planning the National Legislative Seminar in D.C. in March of 2024. Sheng will also assist states in promoting activities related to the resolution on Mental Health Supports for Educators, sponsored by Washington State and adopted by the Forum at its New Orleans meeting. Congratulations to Nancy!





Rainbow Lodge Leadership Retreat

Members and guests had a wonderful time at the Rainbow Lodge Leadership Retreat in June, chaired by Laurie Fisher, Kappa Kent. Dr. Karen Gross shared information about emotional health and leading others during trauma. Life ventures were related by former Rachel Royston scholars, and Caryn Mears shared qualities of leaders. Attendees practiced yoga, painted vases and created music.





















Everyone went "all in" with affirmations, leadership and literacy while eating s'mores, singing, painting and enjoying nature. The smiling faces as time together ended tells you the retreat was a true success!







Front (L-R) - Jo, Linda, Caryn, Darla, Marge, Robin, Nancy, Cathy Middle - Terri, Laura, Barb, Barbara, Jeri, Roxanne
Back - Andrea, Laurie, Lynn, Terry, Cathey, Charlene, Pat, Kathy, Joy

DKG International Convention

New Orleans, LA July 12-16, 2022









Views from first time attendees

Any convention held in New Orleans is going to garner an enthusiastic response from attendees – because there is jazz, the French Quarter, the old Garden District, Cajun and creole food, beignets (donuts), every sort of museum imaginable and fun! The DKG International Convention, held in New Orleans from July 12 – 16, 2022, was no different. Washington State DKG delegates also enjoyed a paddle boat cruise on the Mississippi, trips to Mardi Gras World, and participating in a Second Line Parade down Canal Street with all the other delegates marching behind a brass quartet.

Convention is also about workshops and Society business, voting on proposed amendments, listening to keynote speakers and others presenters. Convention is a different experience for those who have been multiple times and for those first time attendees. Washington had twenty-two members in attendance, three for the first time: Naomi Rogers and Mindy Hoffman (both from Psi Kennewick) and Carrie Derr (Beta Upsilon Grand Coulee).

After months of planning, registering, and then travel, Carrie Derr's first reaction was one of "completeness." She was in a place with people just like herself — women educators! Mindy Hoffman noted, "After the past several years of virtual interactions, it was wonderful to see so many international DKG sisters attending an in-person event, and NOLA had the perfect vibe to make it a celebration!" Mindy's colleague Naomi Rogers thought the convention was a great way to meet people from around the United States and the world.

Continued on page 9—see "Int'l Convention"

Int'l Convention—Continued from page 8

All three first time attendees, or "newBEEs," found workshops worth-while. Mindy's favorite was one on using scribble art as a tool for helping students understand and process emotions. Naomi got a lot of ideas on helping members feel an increased sense of value and purpose, as well as ideas for greater engagement. "The sessions provided a wide range of topics to meet my interests and expand my learning both as an educator and member of DKG," added Carrie. Mindy even found the experience of voting with DKG "intense and fascinating." She remarked, "I don't know that I previously had a clear vision of what being part of an international





Keynote speakers were appreciated, but none so much as Ingvi Ómarsson, 2018 Teacher of the Year for Iceland, whose comments were not only relevant and spot-on, but genuinely connected to active educators in the audience. Identifying misconceptions about education, he discussed guiding principles for education of the future: assessing authentic learning (standardized tests tell us nothing); collaboration by students and educators; learning by doing, playing and experiencing; embracing arts in schools; and the need to make education more humane (communication, creativity, adaptability, and empathy). Mr. Ómarsson encouraged us to be forward thinking, to realize that the outcomes of education will not be seen for decades. "An educator," he reminded us, "plants trees in whose shade you never sit."

What did our first timers want more of? Carrie wants opportunity to sit together as a state so our delegates could get to know each other better (though, says Naomi, the dinner cruise was a great opportunity to begin that community building). All our newBEES wanted more time for sharing ideas and collaborating, such as about service projects, non-traditional things to do as chapters, fundraising opportunities, and problem solving.

In the end, all three came away with experiences that will stay with them always. Said Carrie, "it was an amazing experience and I hope to see everyone again in 2024." Mindy adds, "Overall, I had a wonderful time connecting with sisters from around the world, and I am grateful for our association."



Singing the Delta Kappa Gamma song



Fall Board Meeting Zoom Conference September 23-25, 2022



"Coming Together to Build Community and Advance Our Purposes"

Computer assistance/speaker ready room

Saturday 8:00 am - 9:30

Friday, September 23, 2022

7:00 – 9:00 p.m. **Pre-Conference Workshop Mental Health and Educators: a Crisis**

* Keynote speaker

*M-H Resolution and implementation

2 clock hours available

All Friday and Saturday sessions are open to ALL, but only state officers and chapter presidents (or their designee) may vote at the Executive Board Meeting.

Schedule at a Glance

Saturday, September 24, 2022

9:00 – 9:30 a.m. **General Session**

Welcome

Orientation to the Day

 9:30 - 10:45 a.m.
 Workshop session 1

 11:00 a.m. - 12:15 p.m.
 Workshop session 2

 1:00 - 2:15 p.m.
 Workshop session 3

 2:30 - 3:45 p.m.
 Workshop session 4

 4:15 - 4:45 p.m.
 Movement Activity

 5:00 - 6:00 p.m.
 Executive Board Meeting

Sunday, September 25, 2022

1:00 – 2:00 pm Executive Committee Meeting (State Officers only)

To participate in Fall Board, you MUST pre-register. Pre-registration is necessary in order to receive the Zoom meeting access invitation and code. Registration is easy! Choose one of the following:

 Click on the RED button below to go to an on-line registration form. Complete the questions and submit the form. It's EASY!!

Registration link

OR

2. Click on this link dkgwa.org to go to the DKG state web site and the registration form found on the home page. Just download the form, save it, fill it out, save it again and send it (electronically or by postal service) to Pat Russell

21038 102nd Ave. SE, Kent, Washington 98031

<p.russell@comcast.net>

Only members who have pre-registered will receive the on-line Zoom meeting access code and instructions.

Registration deadline: September 16, 2022

Pre-Conference Workshop: U.S. Forum Power Hour (2 clock hours)

Mental Health and Educators: a Crisis 7:00 – 9:00 p.m. Friday, September 23, 2022

Introduction to the Crisis (the stats tell a chilling story) Education
Supporting Educator Mental Health: Keynote address

Education Policy & Legislation Committee

U.S. Forum Resolution proposed by WSO, passed July 16, 2022: *On Recognizing Mental Health Issues for Educational Staff and Promoting Support Services*: overview & implications for WSO chapters

Workshop descriptions

Saturday, September 24, 2022

Workshop Session 1, 9:30 - 10:45 a.m.

Starting the year on the right foot with your shoes laced: Learning together about the WSO Membership Team, tools and opportunities for 2022-23, and everything you didn't know and wish you did. **Membership Committee**

Leadership Development Committee: The Leadership Development Committee members Cathy Johnson, Nancy Scheng, and Caryn Mears will present a workshop for all Chapter Presidents. This fall we will concentrate on the nitty gritty of the office. We will lead you through the following:

- * Responsibilities
- * Supplies
- * Duties of the executive board
- * Communications
- * Meeting format suggestions
- * Chapter finances

- * Documents for your file
- * Reports
- * Chapter structure
- * Committees
- * The transaction of business

Please have information on your chapter's Strategic Action Plan and how you will be incorporating this into your chapter meetings. We will also explore the International website to discover how to find this and more information on the duties of the Chapter President.

Workshop Session 2, 11:00 a.m. - 12:15 p.m.

Q&A For All Treasurers: Come and bring all of your questions. I will do my best to answer them, and if I don't know, I will find out for you. **Pat Russell, WSO Treasurer**

What happened in NOLA, Stays in NOLA! Except for the Amendments!: During this workshop members will learn about the amendments from DKG International Convention and which ones will affect the WSO State and Chapter Bylaws and Standing Rules. Members will be able to ask questions and get answers about How & When to submit Amendments to the WSO Bylaws and Standing Rules. Standing Rules & Bylaws Committee

Workshop Session 3, 1:00 - 2:15 p.m.

Everything You Wanted to Know about the IRS 990-N: For **NEW** treasurers and returning treasurers who need a refresher. How to register with the IRS, and what the annual report entails. **Pat Russell, WSO Treasurer**

All Secretaries would ever want to know plus some: Minutes, Record Keeping, Parliamentary Procedure, and International Resources.

Workshop Session 4, 2:30 - 3:45 p.m.

Connections & Affinity Groups: Come and learn how affinity groups can build connections, membership, and service. **EEC Committee**

Advocacy Next steps: Educate, Inform, Promote, Engage: The DKG US Forum has adopted the resolution introduced by WA state, "On Recognizing Mental Health Issues for Educational Staff and Promoting Support Services". The Washington State Legislature will convene in 2023. Now is the time to move forward. This workshop will give participants ideas and steps to take to advocate for issues that are important to them and their communities. Educational Policy/Legislation Committee





Print Format - Not Google Form



September 23- 25, 2022

Registration Form Deadline Date: FRIDAY, SEPTEMBER 16, 2022

Name		Chapter	Area	
Address		Home Phone		
City	Zip	Cell Phone		
Email				
State Officer	Past State President	Chapter President	Collegiate Member	
State Com. Chair	RRPSF	Chapter Officer	International Rep	
State Com. Member	State Liaison	Chapter Member	Guest	
wish to purchase a <u>printed copy</u> of the 2022 - 2023 WSO Directory. \$ 10.00 each \$				
Multiple copies may be ordered. (Send check payable to WA State Org with this print format of the registration to:				
Pa	atricia Russell	253-8	359-9284	

21038 102nd Ave SE, Kent WA 98031

p.russell@comcast.net

Photo Release: With this registration I grant permission to WSO of DKG, to be videotaped, audio taped or photographed and give permission for my photo, voice or words to be used in any WSO official publication, including the state website, social media and Washington State Organization News (WSON). I understand that if I do not give permission, I must submit a written statement denying permission for use of my photo, voice or words attached to this registration.

ALL registrants will receive Zoom meeting access codes via Email. Please check all you plan to attend.		
Friday, September 23	Saturday, September 24 continued	
7-9 p.m. Pre-Conference on Mental Health	1:00 – 2:15 p.m. Workshop Session 3 Everything you wanted to know about 990N All secretaries would ever want to know	
Saturday,, September 24	2:30 – 3:15 p.m. Workshop Session 4 Connections & Affinity Groups Advocacy: Next steps	
9:00 a.m. General Session and Conference Overview	4:15 – 4:45 Movement Activity	
9:30 – 10:45 a.m. Workshop Session 1 Starting the year on the right foot (Membership) Leadership Development (Chapter Presidents)	5:00 – 6:00 p.m. Executive Board Meeting (state officers, chapter presidents voting)	
11:00 a.m. – 12:15 p.m. Workshop Session 2 Q & A for all Treasurers What happens in NOLA, Stays in NOLA!	Sunday, September 25	
	1:00 - 2 pm State Executive Committee Meeting	



Do you know who your elected officials are?

Reviewing what bills concern you and your community is important to staying well-informed of the direction of our legislature. An even more important activity is to dig deeper and know who represents you and what issues and bills they support. Your knowledge gives you a strong advocacy voice that can speak up for what matters to you and your neighborhood. You can begin learning about your elected officials and our legislature by following these steps:

- Visit the Washington State Legislative web site: https://app.leg.wa.gov/DistrictFinder/
- Enter your home address.
 Click on the Find my district button,
 The names of your elected officials will appear.
 Legislative District (Washington State)

LD#
Senator
Representative
Representative
Congressional District (Washington DC)
CD#
Senator
Senator
Renresentative

Please contact Keitha Bryson through www.dkgwa.org to schedule a legislative training for your chapter. Feel free to ask other area chapters to join you. The Washington State School Retirees Association and the Washington Education Association would like to hear your ideas for education advocacy. What do you need for the communities in your part of the state? These sessions need to start prior to the start of the 2023 legislative session. Bills will be pre-filed for consideration in December of 2022. July through November are good months to hold legislative training.

If you are considering proposing an amendment to our State Standing Rules:

Jannette Manuel, State Bylaws and Rules Chair

Any member, committee, board, or chapter may propose an amendment to our State Standing Rules. Proposals submitted must include a rationale and fiscal impact on current and future budgets.

NOTE: NOVEMBER 1, 2022, is the new fall deadline for submitting proposed amendments.

The official amendment form is on the state website at: www.dkgwa.org/bylaws--standing-rules.html
Please type on the amendment form, save it to your documents, and then e-mail it as an attachment to jannettemanuel@hotmail.com by the November 1, 2022, deadline.



It's Time to Update Website Compliance

Mary Lou Gregory, WSO Webmaster

Every two years the webmaster for every state and chapter website must re-apply to International for the updated compliance seal for their website. Compliance comes due on even-numbered years when there is a new International president and this is the year. The deadline for compliance is October 31. Log into the International site, dkg.org, and look at forms for websites. The interesting thing is the compliance form is online and it opens on August 1. The form comes up when you click the big green rectangle. Check the list of the requirements on form 72a to ensure the website meets all the requirements before going to the form. Without updated compliance, websites cannot be listed on the State or International websites.



Area I Central Washington - Mary Rennie, Area Liaison

Alpha Lambda (Lower Valley) had many outreach endeavors. They joined forces with Rod's House (home for older youth in Sunnyside, WA) and made it their mission to focus on different donation areas each month. They were successful through a scholarship dinner, auction, and cookie sales that earned \$2500 for scholarships. They also spent time learning about STEM robotics, coding, and had a presentation about women in history.

Alpha Zeta (Goldendale) saw a slower fall as they had zoom presentations from Klickitat County Public Health and the Police Chief from Goldendale. They did go to an in-person tour of the petroglyphs at Columbia Sate Park. Spring found them celebrating their 70th year anniversary, awarding educational scholarships, and a picnic pie social event. They will also celebrate this summer at a Festival of the Arts on Saturday, August 6 at the Maryhill Museum of Art where each free-standing "exquisite corpse" section will be brought together to reveal a continuous sculpture.

Theta (Yakima) donated materials and items to Jesse's Place (Camp Hope), YWCA, and Rod's House (Yakima) throughout the year. They learned more about the effect of COVID on Early Childhood Development programs in Yakima County. A big emphasis was on honoring their members through the delivering of flowers to every member on Valentine's Day; learning how to relax by making ecological planters, how to arrange flowers, and how horse therapy through the Pegasus Project can help children and adults. Theta also celebrated their 80th anniversary starting in April, and will wait to do activities for next year.

The Area 1 Workshop "Farm to Table", sponsored by Theta, was a success with members of Area 1 Chapters participating. They toured an asparagus processing plant in the Wapato area and heard tales from Lon Inaba on his family's history through both world wars to present day. It was a story of struggle, sorrow, and huge successes based on work ethic, belief, and education. Members traveled to a hall in Yakima where they learned how to makes asparagus tamales. By the end of the day, they had learned about the history of growing and processing asparagus, and how to make their own tamales. Everyone went home with an already made dinner that night.







Chapters celebrating 80 years



Kappa Kent

Kappa Kent members celebrated the chapter's 80th birthday at their May meeting. The history and historical memorabilia were shared for all to enjoy. Janice Moen led members in singing *Happy Birthday Kappa*, and birthday cake was served. It was a day of celebrations; Founder's Day, Kappa's 80th birthday, and two new members were inducted into the chapter.

Kappa Chapter was organized on May 2, 1942 in the Mirror Room of Seattle's Hotel Gowman. Edna Sterling, one of the founders of Alpha Sigma State (now known as WSO), founded Kappa Chapter along with seventeen other women educators. Rachel Royston (Knutson) served as the first Kappa President until 1944 when she was selected to be state president. Five Kappa members have served as state president; Rachel Royston Knutson, Marienne Cadle, Helen Hostetter, Joy Lauderbaugh, and Janice Moen, and many have held positions with DKG International.

In the late 1990s, Kappa's members all lived in south King County and began meeting there. Current membership is comprised of over forty women educators, both active and retired, who live or teach in the Kent area.



The following is an inspiration written by Kappa's founder, Edna L. Sterling in 1943.

May I have strength to give without diminishing strength. May I have courage when life asks too much. May I have faith unmarred by doubt.

And may I see life always as growth and reaching for the better living day by day.

For this, I ask that vision may be clear, purposeful, and the possible of reality, so that my life and all the lives about me may move toward and grow into the kind of peaceful living we can all have.

Mu Clark

Congratulations Mu Clark Chapter on your Triple
Crown celebration- 80 year chapter membership, 40 and
50 year members and induction of three new members!
Margaret Snitzler, 50 years; Gerry Jarvis and Wauneta Filbin 40 years, and new members Christiana Amewudah,
Riley Miller and Christina Hilton. Going back to our
teaching roots, the celebration took place in a classroom.
Embracing the future, the celebration was a hybrid format
- in person and Zoom. Candles, cupcakes and joyful friendship surrounded all our sisters. Mu Chapter is grateful for
our visiting sisters from Chi Cowlitz WA, Chi Chapter
Oregon, and WA State President Pat Bennett-Forman
who joined in our celebration.



What are you reading?

Ideas for your next read from the Book Share at the Rainbow Lodge Leadership Retreat in June:

The Midnight Library by Matt Haig The Library Book by Susan Orlean This is Happiness by Niall Williams Four Winds by Kristin Hannah Lincoln Highway by Amor Towles Gentleman in Moscow by Amor Towles The Absolute True Diary of a Part-Time Indian by Sherman Alexie Lone Ranger and Tonto Get Into a Fist Fight by Sherman Alexie The Lacuna by Barbara Kingsolver The Poisonwood Bible by Barbara Kingsolver The Probable Future by Alice Hoffman The Lincoln Conspiracy by Brad Meltzer and Josh Mensch Between the World and Me by Ta-Nehisi Coates The Sentence by Louise Erdich *I Must Betray You* by Ruta Sepetys



New marketing tool for chapters

WA State Organization is pleased to provide chapters with a new marketing tool. The brochure can be found on the website, www.dkgwa.org and is available to download for use in recruiting members and engaging with your community.

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Washington Website:

www.dkgwa.org

Send articles to:
Barbara McPherson, Editor

Deadlines: July 15, October 15, January 15, April 15

Happy reading!

Important Dates

September 15, 2022	DKG Arts and Humanities Gallery submissions due for the Fall Gallery
September 16, 2022	Fall Board Registration deadline
September 20, 2022	2022-2023 SAP Plans due to Susan Fritts
September 23-24, 2022	WSO Virtual Fall Board
September 23, 2022	
October 15, 2022	
October 31, 2022	
November 1, 2022	Proposed amendments to WSO Bylaws and Standing Rules due to Jannette Manuel
November 1, 2022	
November 15, 2022	
December 1, 2022	Nominations for 2023-2025 WSO Officers due to Nominations Chair